



# SCIENTIFIC EVIDENCE AND STAKEHOLDER ENGAGEMENT: LESSONS FROM THE MINDMAP CITIES

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**Giuseppe Costa**  
On behalf of the **MINDMAP Consortium**



# MINDMAP EXPLANATORY FRAMEWORK

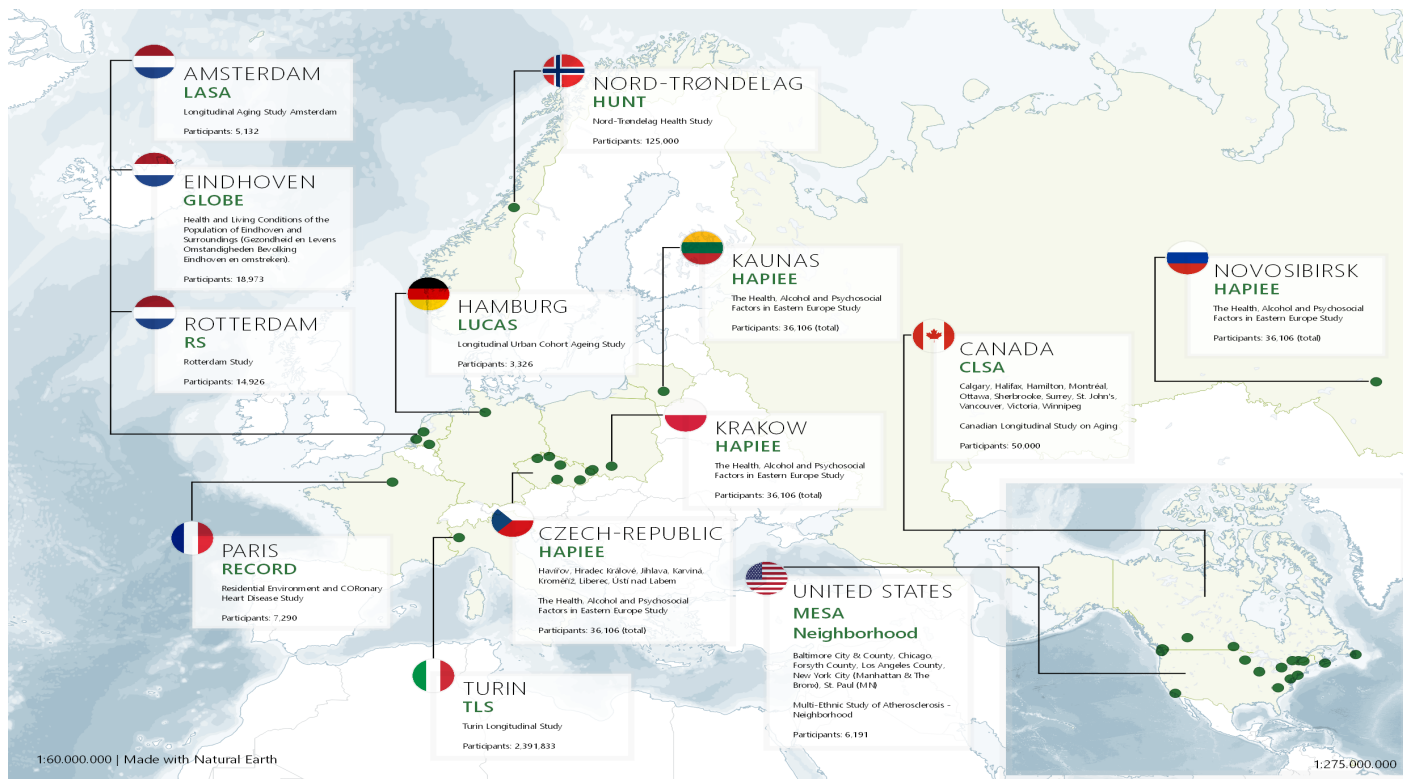
## New MINDMAP evidence for decision making



## How can evidence effectively reach stakeholders?



# CITY STAKEHOLDER PLATFORMS



# CITY STAKEHOLDER PLATFORMS

Seven MINDMAP cities have been involved in stakeholder engagement

Turin and Trieste  
with two case studies

Amsterdam, Rotterdam, London, Hamburg and Helsinki  
with local dissemination

## GLOBE

Health and Living Conditions of the Population of Eindhoven and Surroundings: Gezondheid en Levens Omstandigheden Bevolking Eindhoven en omstreken

Participants: 18,973



## ROTTERDAM RS

Rotterdam Study

Participants: 14,926



## KALINAS



## NOVOSIBIRSK HAPIEE

The Health, Alcohol and Psychosocial Factors in Eastern Europe Study

Participants: 36,106 (total)



## KRAKOW HAPIEE

The Health, Alcohol and Psychosocial Factors in Eastern Europe Study

Participants: 36,106 (total)

Canadian Longitudinal Study on Aging

Participants: 50,000



## TURIN TLS

Turin Longitudinal Study

Participants: 2,391,833

Baltimore City & County, Chicago, Forsyth County, Los Angeles County, New York City (Manhattan & The Bronx), St. Paul (M18)

Multi-Ethnic Study of Atherosclerosis - Neighborhood

Participants: 6,191

1:60,000,000 | Made with Natural Earth

1:275,000,000



## CITY STAKEHOLDER PLATFORMS

- **Yes it can be done**

Turin:  
focus on health equity

Trieste:  
focus on social capital

and more from:  
Amsterdam, Rotterdam,  
London, Hamburg and  
Helsinki



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# THE THREE STEPS TURIN CASE STUDY: PROSPECTIVE

1ST PHASE: Nov 2017-March 2018

## CITY LEVEL

50 representatives



Co-investigating health inequalities

- Evidence in Turin
- Mechanisms of generation
- Solutions to reduce them
- Responsibilities

2ND PHASE: July-Sept 2018

## CITY LEVEL

15 high level officers



Co-decision:

- Target setting
- Priority setting

3RD PHASE: Oct 2019- still in progress

## NEIGHBORHOOD LEVEL

2 communities of practice



Co-creation:

- Local actions to reduce inequalities in diabetes
- City actions to enable local actions





# THE TURIN CASE STUDY

1ST PHASE: Nov 2017-March 2018

CITY LEVEL



## THE TURIN REVIEW:





## PARTICIPATORY WORK ON:

**November 2017**

**Facts** - Knowledge transfer and dissemination

General presentation of scientific data and evidences



**December 2017**

**Explanations** - Interdisciplinary work groups

Sharing experiences & best practices



**January 2018**

**Solutions** - **policy framework** to orient decisions and concrete actions

- defining problems, solutions, resources, responsibilities, tools and methods for action, developing a participative approach, to propose potential **inter-sectoral actions**

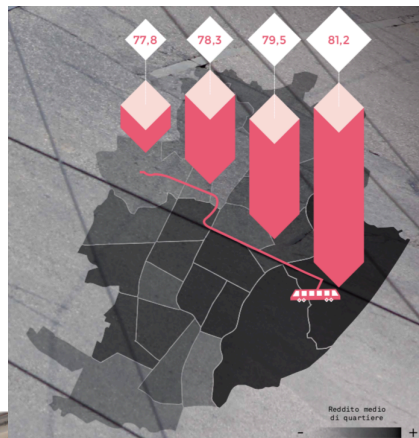




## FROM THEORY TO ACTION

What to do?  
How to do?

## PUBLIC COMMITMENT



MINDMAP

### Policy / Intervention

#### Quality of work and organization

Promoting quality of work  
Work-life time reconciliation and territorial services  
Work-linked training

#### Employment

Job-matching and employment services  
Guidance (educational and vocational)  
Vocational training

#### Social protection and empowerment

Income support  
Responding to social housing demand  
Social integration of migrants  
Shelters and services for Women and Minors  
Active inclusion and community promotion strategies

#### Education and cultural promotion

Facing school drop-out and prevention  
Promoting the socio-cultural youth development  
Economic support for education

#### Quality of the living environment

Reduction of pollution and increased salutogenicity  
Improvement of green areas  
Urban brownfield sites regeneration

#### Health and social integration

Services and residences for not-self-sufficient elderly people  
Home-care promotion  
Job placement, supported in a protected work context

#### Health promotion and health care

Healthy lifestyles promotion  
Promoting mental health  
Reducing access barriers to quality care



## FROM THEORY TO ACTION

What to do?  
How to do?

## PUBLIC COMMITMENT



### Policy / Intervention

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- Promoting quality of work
- Work-life time reconciliation and territorial services
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#### Employment

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#### Social protection and empowerment

- Income support
- Responding to social housing demand
- Social integration of migrants
- Shelters and services for Women and Minors
- Active inclusion and community promotion strategies

#### Education and cultural promotion

- Facing school drop-out and prevention
- Promoting the socio-cultural youth development
- Economic support for education



The main policy makers take  
the responsibility to drive and  
bring the change:

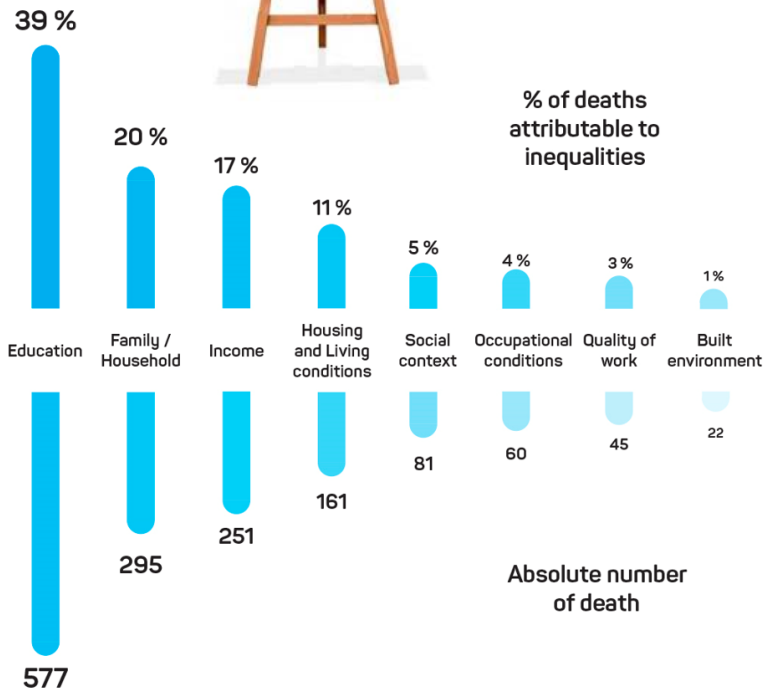
New commitment  
“setting targets and priorities”





# THE TURIN CASE STUDY (CO-DECISION)

2ND PHASE: July-Sept 2018



## Policy / Intervention

### Quality of work and organization

- Promoting quality of work
- Work-life time reconciliation and territorial services
- Work-linked training

### Employment

- Job-matching and employment services
- Guidance (educational and vocational)
- Vocational training

### Social protection and empowerment

- Income support
- Responding to social housing demand
- Social integration of migrants
- Shelters and services for Women and Minors
- Active inclusion and community promotion strategies

### Education and cultural promotion

- Facing school drop-out and prevention
- Promoting the socio-cultural youth development
- Economic support for education

### Quality of the living environment

- Reduction of pollution and increased salutogenicity
- Improvement of green areas
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### Health and social integration

- Services and residences for not-self-sufficient elderly people
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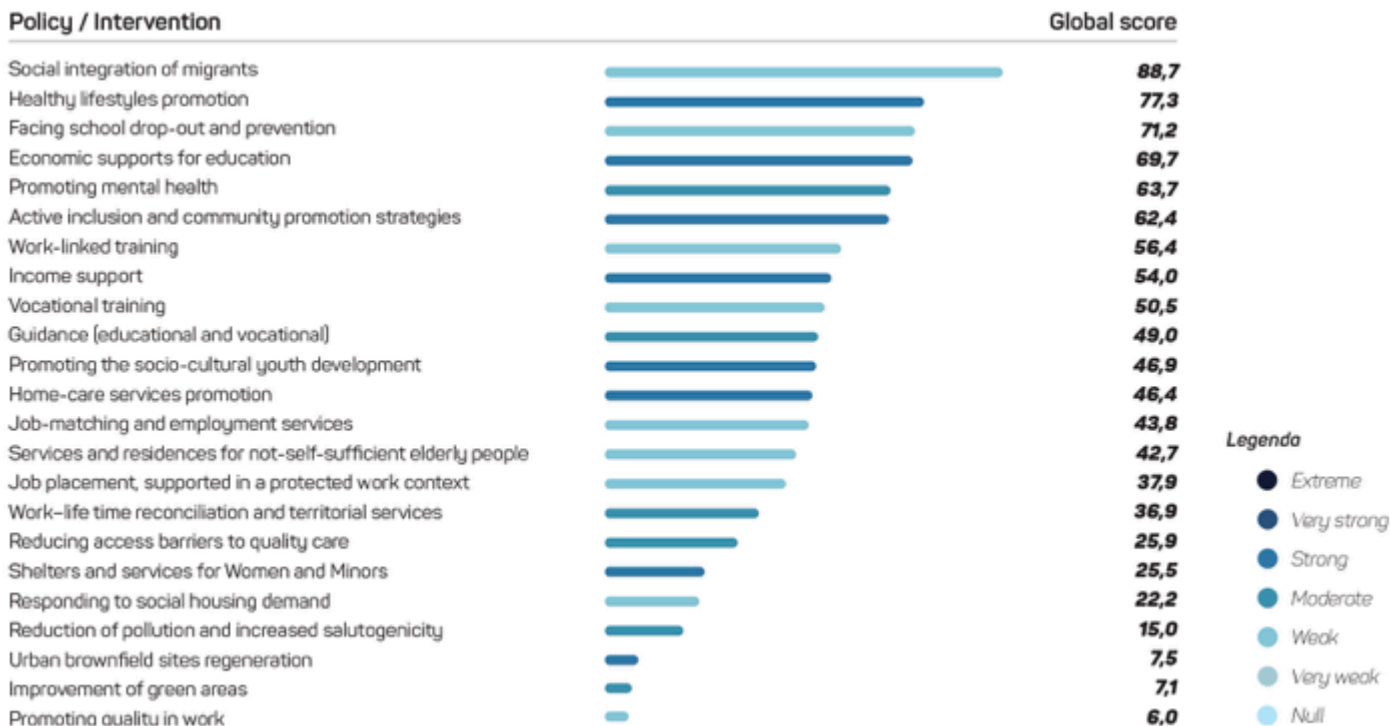
### Health promotion and health care

- Healthy lifestyles promotion
- Promoting mental health
- Reducing access barriers to quality care



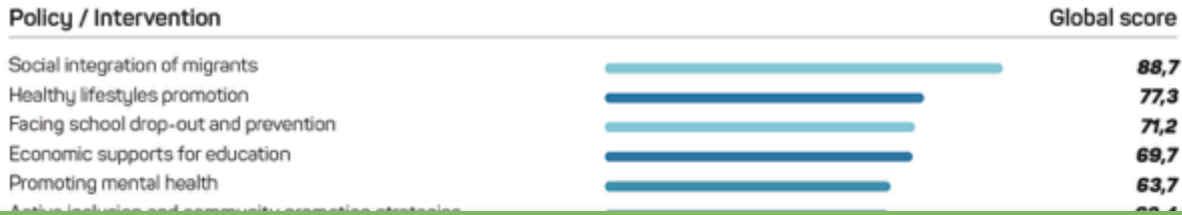


## Ranking of policies according to expected impact on reducing social inequalities in premature mortality and do-ability.





## Ranking of policies according to expected impact on reducing social inequalities in premature mortality and do-ability.



To exploit the potential for interaction between interventions that are more promising in reducing health inequalities

To focus on the more deprived areas of the city

To search for the best window of opportunity  
(the new chronic disease strategy:  
diabetes as a pilot)





# THE TURIN CASE STUDY (CO-CREATION)

3RD PHASE: Oct 2019- still in progress

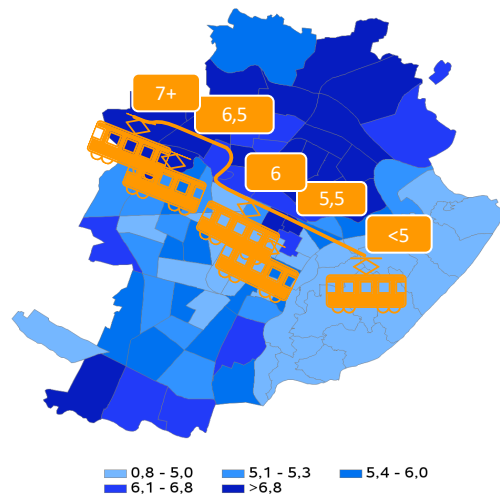


*"All the stores are closed at the local mall"*



*"The uneven roads, the fear falling down makes me feel bad"*

Prevalence of Diabetes 2  
Turin 2017, age standardized





- These inequalities, if well communicated, are able to motivate and push the local stakeholders in understanding causes and finding solutions
  - Why diabetes prevalence is **so unequal**?
  - Which are the **mechanisms** generating these inequalities
  - Who's the **responsibility** for avoiding these mechanisms?
- Two local communities of practice have been committed this mandate
  - health **professionals** (GPs, specialists, pharmacies, nurses, primary care districts) as for the responsibility in equal early diagnosis and treatment,
  - local community** actors (social housing, employment, poverty, schools, culture, leisure time facilities, green spaces, urban planning, food retails, voluntary sector) as for the responsibility in equal prevention



- **These inequalities, if well communicated, are able to motivate and push the local stakeholders in understanding causes and finding solutions**
  - Why diabetes prevalence is **so unequal**?
  - Which are the **mechanisms** generating these inequalities
  - Who's the **responsibility** for avoiding these mechanisms?
- **Two local communities of practice have been committed this mandate**

A plan of innovation is being implemented by the two local communities of practices involving the responsibility:

  - of the same local stakeholders if the actions are within their reach
  - of the city institutions and actors when feasible (a city level community of practice)
  - of the Turin Social Impact platform, a fourth community of practice of more than hundred local private enterprises interested to participate to the following social and environmental innovative actions funded by the "local economy/finance"





## THE TRIESTE CASE STUDY: RETROSPECTIVE

- Yes it can be done

Turin:  
focus on health equity

Trieste:  
focus on social capital

and more from:  
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# THE TRIESTE CASE STUDY: RETROSPECTIVE

## Programme HM (Habitat Microaree) – A Caring City Friuli Venezia Giulia Region, Trieste, Italy

**Social, health and housing joint program targeting 15 MicroAreas** (500 to 2,500 residents) with high deprivation, public housing, ageing, in place since 2005.

Aiming to create effective **integration** between sectors and influence life contexts, actively involving the local community to reinforce **social cohesion** and promote and protect **health**

Total **costs** between €100-200.000 per year per MA

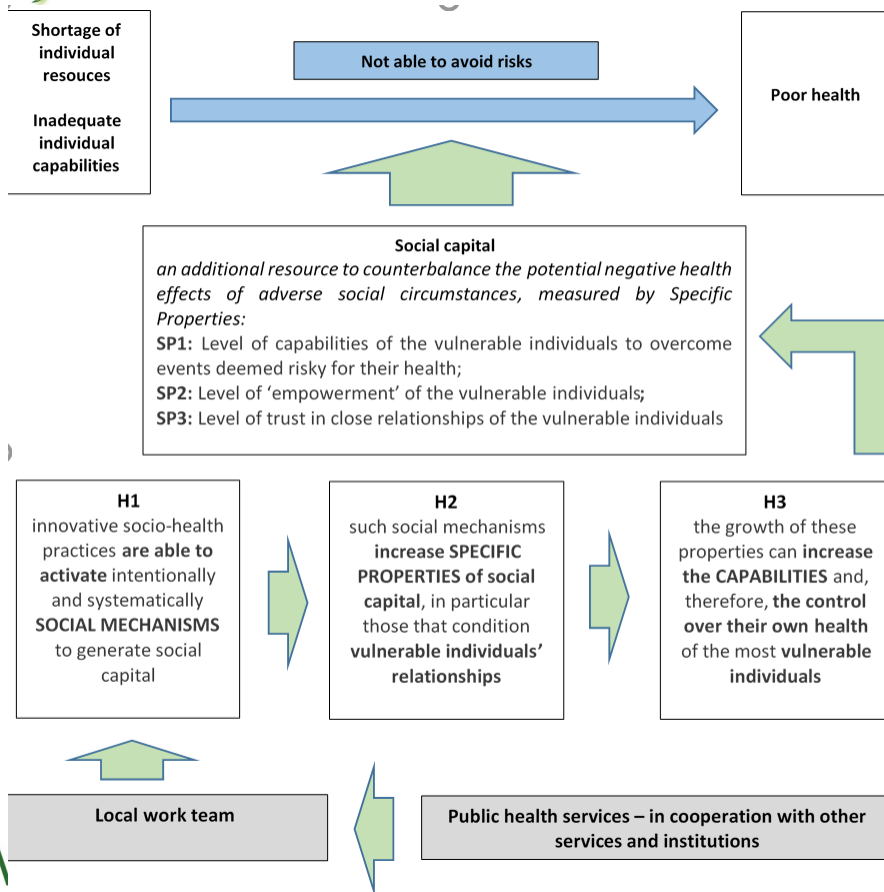
**Austerity post crisis:  
sustainability?**

**A participated  
assessment  
of what works and why**





# THE TRIESTE CASE STUDY: RETROSPECTIVE



## QUALITATIVE

- action research with 40 professionals of the local team
- social mechanisms activated
- increasing specific properties of **SOCIAL CAPITAL**
- enforcing **CAPABILITIES**
- to face critical problems (list of 24)

## QUANTITATIVE

**How and why the intervention improved the capacity to face the 24 problems?**

**Among**

- 200 treated in MA
- 200 untreated in MA
- 200 untreated out of the MA



# THE TRIESTE CASE STUDY: RETROSPECTIVE



## RESULTS

- Treatment addressed more affected by the 24 problems
- Treated benefited more from the mechanisms of generation of social capital
- Mental health among treated was better than expected had they never been treated

## IMPACT

- **SOCIAL CAPITAL** as a resource generator (more active and passive relationships and more sense making)
- **TRUST** as a positive expectation of cooperation
- **PUBLIC SERVICES** capable of activation of people and of improving quality and integration of the interventions



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## AMSTERDAM – ROTTERDAM – HAMBURG – LONDON? – HELSINKI STAKEHOLDERS ENGAGEMENT



	Amsterdam	Rotterdam	Hamburg	London	Helsinki
<b>Type of engagement</b>	Workshop: 27 participants	Workshop: 80 participants	Workshop: 30 participants	Workshop: suspended for lock down	Fact sheet dissemination
<b>Policy priorities</b>	<ul style="list-style-type: none"> <li>• Integrated elderly policies between national and local level</li> <li>• Vulnerable old adults</li> <li>• Public transports</li> </ul>	<ul style="list-style-type: none"> <li>• Green in the city</li> <li>• Quality of housing and facilities</li> <li>• Clean and safe cities</li> </ul>	<ul style="list-style-type: none"> <li>• Connection between the city and the metropolitan region</li> <li>• To combine sustainability and social justice</li> <li>• Long term supports for social spaces</li> </ul>		There should be integrated planning of well-being and health promotion in cities (from City of Helsinki)
<b>Evaluation from participants</b>	The final list of policy priorities was very relevant for elderly mental health promotion	Need for more concrete directions: what to do in practice			
<b>Evalutation from organizers</b>	Nominal group and world café gave voice to all the participants (generative of ideas). Some preparation is requested.	Good discussion but not enough concrete in term of action plans for practice			



## CITY STAKEHOLDER PLATFORMS

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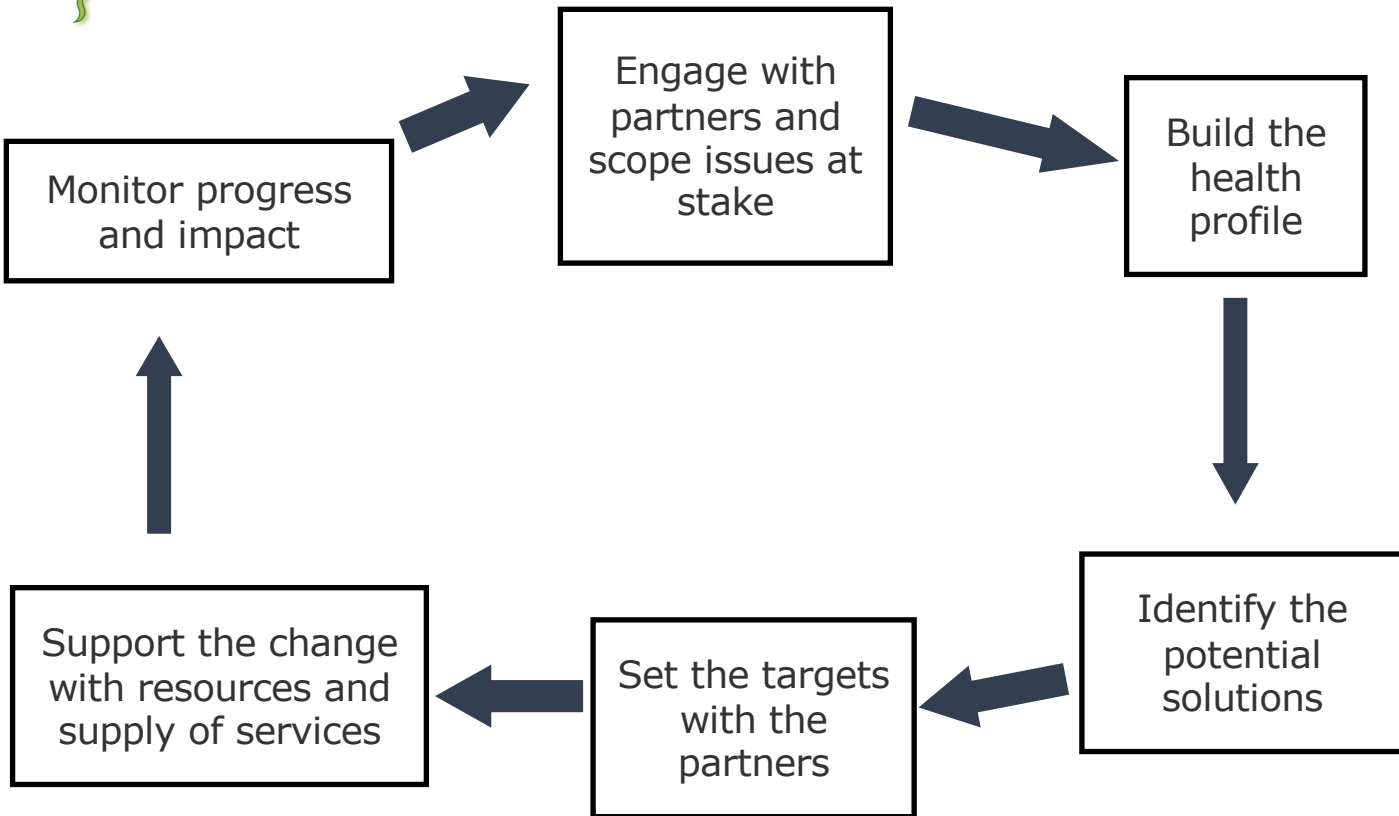
Trieste:  
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**But  
under the condition  
that...**

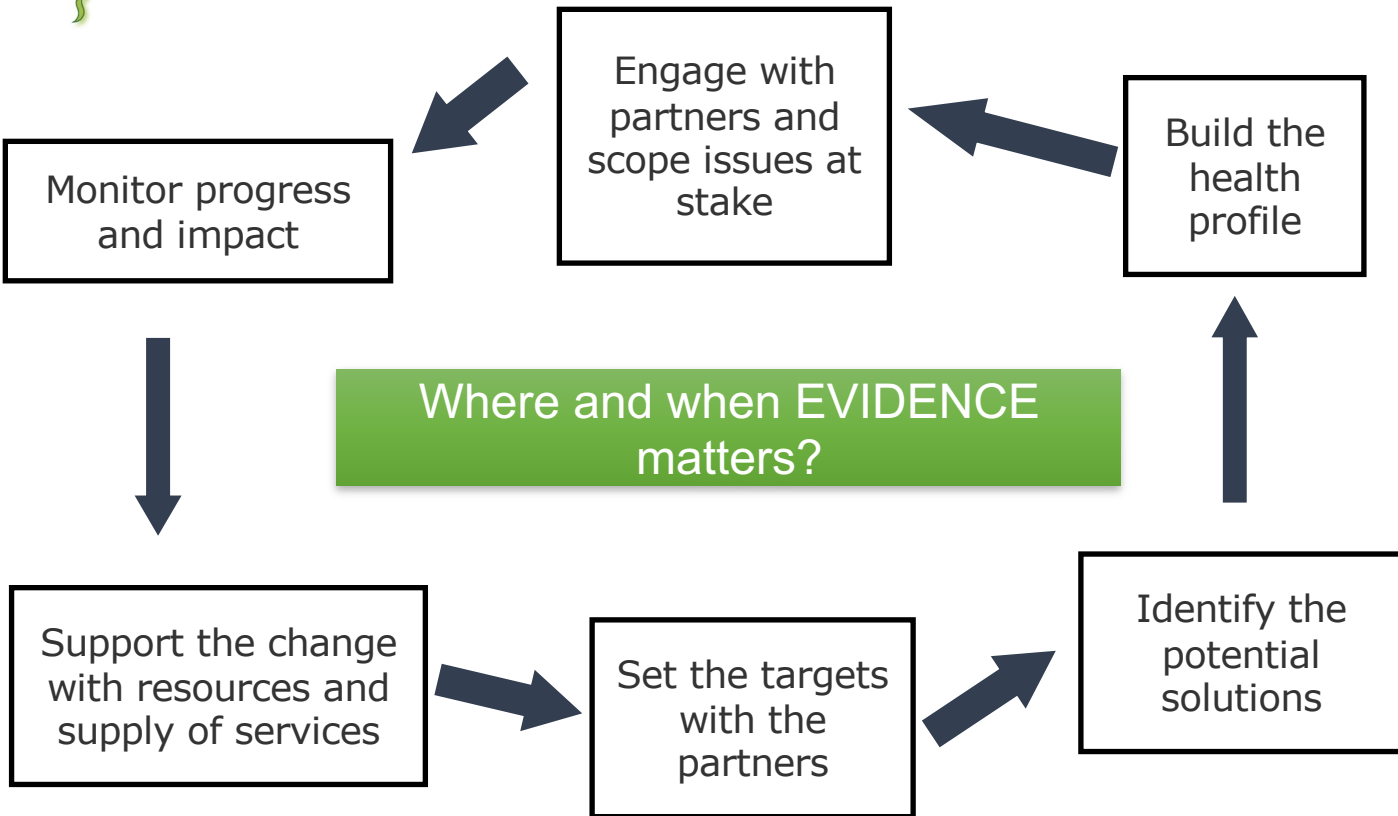


## EVIDENCE AND DECISION MAKING IN THE URBAN SETTING



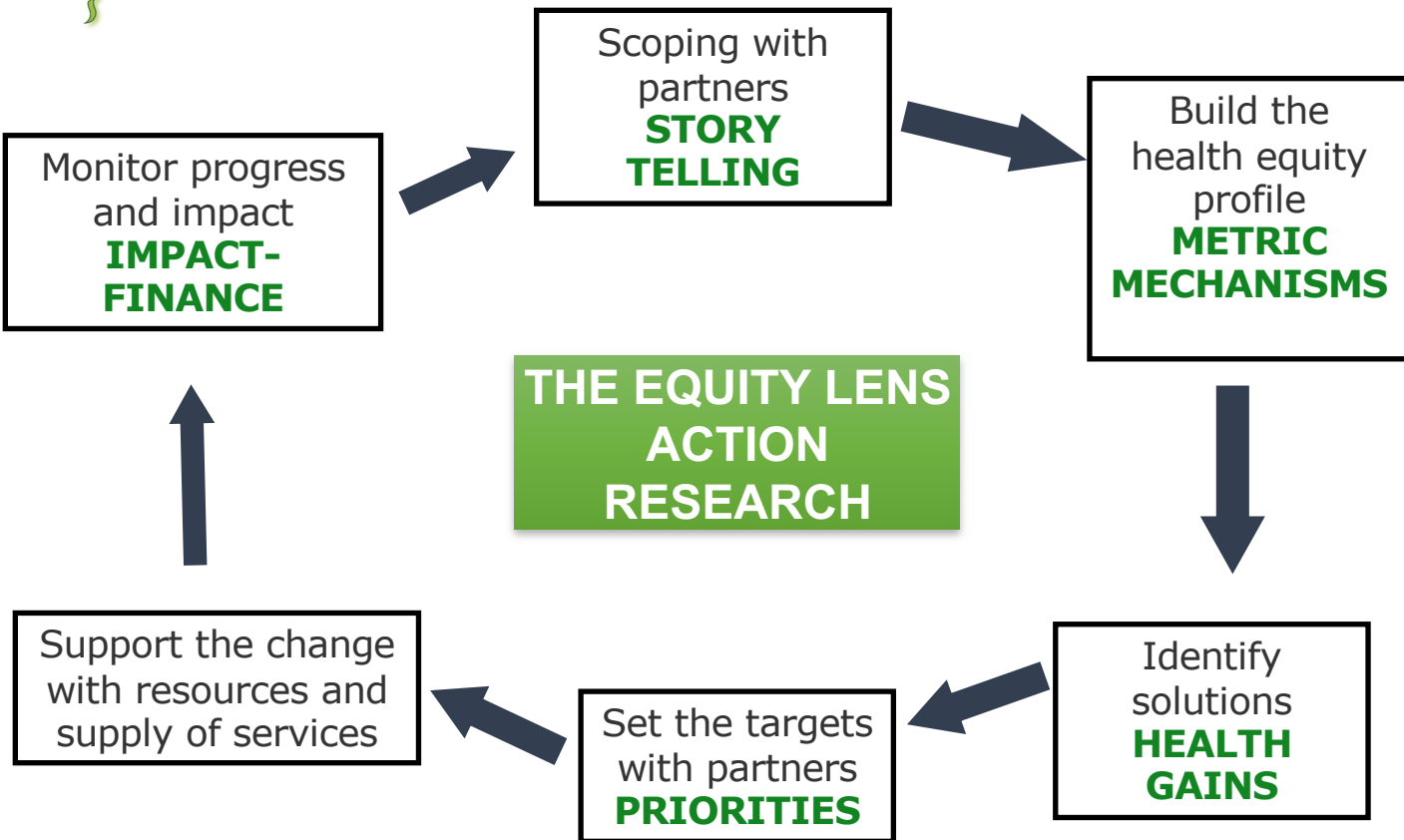


## EVIDENCE AND DECISION MAKING IN THE URBAN SETTING





## LESSONS FROM THE TURIN CASE STUDY (PROSPECTIVE)





## LESSONS FROM THE TRIESTE CASE STUDY (RETROSPECTIVE)



Monitor progress  
and impact  
**DOES IT WORK?**  
**WHY ?**

Engage with partners  
**ACCOUNTABILITY**  
**AND AUSTERITY**

Build the  
health profile  
**HEALTH**  
**OUTCOMES**  
**SOCIAL**  
**MECHANISMS**

**SOCIAL CAPITAL**  
**ACTION RESEARCH**

Support the change  
with resources and  
supply of services  
**PROFESSIONAL**  
**MAIN PLAYERS**

Set the targets  
with the partners  
**EXPECTED**  
**OUTCOME AND**  
**IMPACT**

Identify  
solutions  
**WHAT**  
**MATTERS IN**  
**THE PROCESS**



## EVIDENCE AND DECISION MAKING IN THE URBAN SETTING

.....

Monitor progress  
and impact

Engage with  
partners and  
scope issues at  
stake

Build the  
health  
profile

**NO DATA NO PROBLEM**  
**Action research**  
**Health(equity) metric**

Support the change  
with resources and  
supply of services

Set the targets  
with the  
partners

Identify the  
potential  
solutions



## EVIDENCE AND DECISION MAKING IN THE URBAN SETTING

.....

Monitor progress  
and impact  
**THE TURIN  
SOCIAL IMPACT  
AGENDA**

Engage with  
partners  
**SUSTAINABILITY  
IN TRIESTE**

Build the  
health profile  
**TURIN  
REVIEW**

### WINDOWS OF OPPORTUNITY

Support the change  
with resources and  
supply of services  
**THE NEW  
CHRONIC CARE  
STRATEGY IN  
TURIN**

Set the targets  
with the  
partners

Identify the  
potential  
solutions





## ROLE OF EVIDENCE IN INTEGRATED COMMUNITY CARE/PREVENTION EXPERIENCES

WINDOWS  
OF OPPORTUNITY

### • Typology of experiences

- **Drivers:** person, policy, professional, grass root
- **Focus:** care/wellbeing, community, environment
- **Core ingredients:** home, place, assets, partnership

### • Intended impact

- **Co-production:** change agents, local alliances, individual/community oriented
- **Strengthen communities:** **more equal** public health at the core of the system, through investing in social infrastructure, enabling co-creation
- **Evaluation/adaptation** of process/impact (action research)

EVIDENCE

### • Six common qualities of intentional strategic actions of ICC/P (not a new tool but a societal process)

- Integrated action (btw professionals/sectors) **centered on (equal) need of** people
- **Active and pair role of the person** (resources, competences, voice)
- Professionals **generating horizontal relationships** btw people
- **Active role of the place/environment** close to the person
- **Collective rites** integrated in daily life, shaping **identity** btw professional and people
- **Alliances/partnership** btw sectors to facilitate access and use of available resources

SOCIAL CAPITAL