



## Webinar

### Urban Health and Aging: Policy Implication of MINDMAP results

Date: 3 July 2020, 3.00 pm– 5.00 pm

The demographic projections of 2018 Ageing Report of the European Commission revealed that “EU is turning increasingly grey” in the coming decades. Fostering an **active and healthy ageing** is key to reducing the demand for health care and social welfare related to the increase of chronic diseases and elderly dependency. Parallel to sustainability, **equity** is the other major concern in an ageing Europe: lower income and education groups suffer more illness, are more likely to have functional limitations and to die earlier.

The overall aim of the EC Horizon 2020 funded MINDMAP project (<http://www.mindmap-cities.eu/>) is to identify the opportunities offered by the **urban environment for the promotion of mental well-being and cognitive function** of older individuals in Europe. The project contributes to estimate the impact of the urban environment on mental health in later life both within and between European cities, and to identify the more promising **entry points** for interventions and assessing the impact on equitable mental health in older age.

As part of the MINDMAP dissemination activities, we would like to invite you to join us on the webinar on **MINDMAP Policy implications**.

The session will be **in English**.

## Program

Chair: Franca Beccaria, *Eclectica, Institute for research and training, Turin, IT*

Welcome and opening

*Chris Brookes, Consultant, WHO European Healthy Cities Network*

Healthy urban policies: new evidence from MINDMAP

*Frank Van Lenthe, Erasmus MC, University Medical Center Rotterdam, NL*

*Mauricio Avendano, King's College London, UK*

From evidence to practice in healthy urban policy making: the engagement of stakeholders in Mindmap

*Giuseppe Costa, Regional Epidemiology Unit and University of Turin, IT*

Open discussion on results and policy implications



## Conclusion

Giuseppe Costa, *Regional Epidemiology Unit and University of Turin, IT*  
Pirous Fateh-Moghadam, *Regions for Health Network*

During the conference participants have the possibility to write questions and comments, the chair selects a few of them to submit to the speakers for answers and/or comments, or if preferred raising your hand and speaking.

For information about joining the meeting please contact [brookesc@who.int](mailto:brookesc@who.int).

For information on the Mindmap project please visit <http://www.mindmap-cities.eu/> or contact [beccaria@eclectica.it](mailto:beccaria@eclectica.it)

## How to access to the webinar

*The virtual room will be active 15 minutes before the seminar.*

MINDMAP project results: Urban Health and Aging: Policy Implication

Hosted by Christopher BROOKES

2:45 PM - 4:45 PM Friday, Jul 3 2020 (UTC+02:00) Brussels, Copenhagen, Madrid, Paris

Start Meeting

Meeting Information

Meeting link:

[Start meeting](#)

(<https://who.webex.com/who/j.php?MTID=m7b287d9d605b915f4d43fd307e038c4b> )

Meeting number: 145 760 6980

Password: iNcYPQHb837

More ways to join

Join by video system



Dial 1457606980@who.webex.com

You can also dial 173.243.2.68 and enter your meeting number.

Join by phone

41445750282 SWITZERLAND Toll

+1-415-655-0003 US Toll

Access code: 145 760 6980

[Global call-in numbers](#)

### **Instruction for the webinar**

- Please identify yourself in sign in by your name and who you represent
- During the conference keep the microphone and the video camera off, only the speakers will have them on.
- Please post your questions in the chat and the chair will select questions and forward them to the speakers.
- You may also raise your hand if you wish to make a spoken contribution to the discussion.